

# LYG25 Pentathlon

## Entry Information & Guidance



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### Event Overview

**Date:** Wednesday 11th June 2025

**Venue:** Gunnersbury Sports Centre, W3 8LQ

**Contact:** Lucy Girling: [lucy.girling@londonyouthgames.org](mailto:lucy.girling@londonyouthgames.org)

**Approx. Timings:** Registration: 9:00, Event Timings: 9:15-15:45

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### Entry Information

**Team Entry Deadline:** Wednesday 4<sup>th</sup> June- 10pm

**Group Size:** Minimum - 7 & Maximum - 15

**Festival:** Mixed Gender

*It is encouraged that you bring 50% of your team, who identify as SEND. Pentathlon is an Olympic & Paralympic sport.*

#### Age Categories

Age Category	Oldest DOB	Youngest DOB	Likely School Year
11-14 years	1/9/2010	31/8/2013	Year 7, 8 & 9

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### Eligibility Criteria

**Event Tier:** Develop

**Event Intent:** Developmental event which will focus on extending children and young people's knowledge & understanding of a particular sport using station based or non-scoring games formats. The measure of success is determined by demonstrating sporting values or through the accrual of team best scores. Local qualifying festivals may be used as a selection process to these events but is not mandatory.

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### Full Guidance

**PEN 1** The London Youth Games School Games Pentathlon Festival will be run in partnership with UK Pentathlon. School guidance can be found [here](#).

### PEN 2 Age Category

**RAC 2.1** The following age groups and respective minimum/maximum date of births will apply to the London Youth Games School Games Pentathlon Festival:

Age Category	Oldest DOB	Youngest DOB	Likely School Year
11-14 years	1/9/2010	31/8/2013	Year 7,8 & 9

**PEN 2.1** Should a school wish to bring a participant who falls beyond this age range, approval should be sought from LYG by emailing [lucy.girling@londonyouthgames.org](mailto:lucy.girling@londonyouthgames.org)

**PEN 2.2** It is the responsibility of teachers & SGOs to ensure all participants details are entered correctly at the time of submission, and that they are eligible to take part.

### PEN 3 Eligibility Criteria

#### PEN 3.1 Competition Tier: Develop

**RAC 3.1.1 Competition Intent:** Developmental event which will focus on extending children and young people's knowledge & understanding of a particular sport using station based or non-scoring games formats. The measure of success is determined by demonstrating sporting values or through the accrual of team best scores. Local qualifying festivals may be used as a selection process to these events but is not mandatory.

**PEN 4 Squad Size** Schools are permitted to bring a minimum of 7 and a maximum of 15 participants.

**PEN 4.1** Groups should be made up of 50/50 split between boys and girls.

**PEN 5 Kit & Equipment** All equipment is provided by the festival providers.

### PEN 6 Format

#### RAC 6.1 Station Based Activities

- Laser Run
- Fencing
- Obstacle Course Relay
- Cardio



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- Games

**PEN 6.1.1** Schools will be assigned a group number/time slot, as below:

	0915 - 1000	1000 - 1045	1045 - 1130	1130 - 1215	1215 - 1245	1245 - 1330	1330 - 1415	1415 - 1500	1500 - 1545	STAR T TIME	FINIS H TIME
Grou p 1	Fence	Laser Run	Game s	OCR	Lunc h	Cardi o				0915	1330
Grou p 2		Fence	Laser Run	Game s	Lunc h	OCR	Cardi o			1000	1415
Grou p 3			Fence	Laser Run	Lunc h	Game s	OCR	Cardi o		1045	1500
Grou p 4				Fence	Lunc h	Laser Run	Game s	OCR	Cardi o	1130	1545
Grou p 5	Cardi o				Lunc h	Fence	Laser Run	Game s	OCR	0915	1545
Grou p 6	OCR	Cardi o			Lunc h		Fence	Laser Run	Game s	0915	1545
Grou p 7	Game s	OCR	Cardi o		Lunc h			Fence	Laser Run	0915	1545
Grou p 8	Fence 2	Laser Run	Game s	OCR	Lunc h	Cardi o				0915	1330
Grou p 9		Fence 2	Laser Run	Game s	Lunc h	OCR	Cardi o			1000	1415
Grou p 10			Fence 2	Laser Run	Lunc h	Game s	OCR	Cardi o		1045	1500
Grou p 11				Fence 2	Lunc h	Laser Run	Game s	OCR	Cardi o	1130	1545
Grou p 12	Cardi o				Lunc h	Fence 2	Laser Run	Game s	OCR	0915	1545
Grou p 13	OCR	Cardi o			Lunc h		Fence 2	Laser Run	Game s	0915	1545
Grou p 14	Game s	OCR	Cardi o		Lunc h			Fence 2	Laser Run	0915	1545
Grou p 15	Laser Run	Game s	OCR	Cardi o	Lunc h				Fence 2	0915	1545

**PEN 7 Scoring** The festival is non-scoring. Schools are encouraged to record individual participants scores, to highlight their improvement throughout the day and keep track of their progress.

**PEN 7.1** A salver will be awarded for the team showcasing the best School Games Values, during the day.