

# LYG Sports Hall Athletics Year 7 2025

## Entry Information & Rules



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### Event Overview

#### Dates & Venues:

<b>Qualifier 1</b>	Tuesday 4 <sup>th</sup> February 2025	Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.
<b>Qualifier 2</b>	Wednesday 5 <sup>th</sup> February 2025	Harrow Leisure Centre, Christchurch Avenue, Harrow, HA3 5BD.
<b>Qualifier 3</b>	Thursday 6 <sup>th</sup> February 2025	Osterley Sports Centre, 120 Wood Ln, Isleworth TW7 5FF
<b>Qualifier 4</b>	Friday 7 <sup>th</sup> February 2025	Westcroft Leisure Centre, Westcroft Road, Carshalton, SM5 2TG.
<b>FINALS</b>	Tuesday 18 <sup>th</sup> March 2025	Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.

**Approx. Timings:** Registration - 09:45, Event - 10:30-13:30.

**Contact:** [info@londonyouthgames.org](mailto:info@londonyouthgames.org)

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### Entry Information

**Squad Entry Deadline:** Wednesday 22<sup>nd</sup> January 2025.

**Squad Size:** Minimum – 5 & Maximum – 8 per gender.

**Competitions:** Year 7 Boys & Girls (Compete separately).

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### Eligibility Criteria

#### Age Categories:

Age Category	Oldest DOB	Youngest DOB	Likely School Year
11-12 years olds	01/09/2012	31/08/2013	Year 7

#### Event Tier: Compete

**Competition Intent:** Competitive environment where winning is the measure of success and level of challenge is high, to further the development of young athletes. Local qualifiers are encouraged, with the winning school progressing to the London final.

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## Full Rules & Regulations

**SHA 1** The competition will be run in accordance with the rules laid down by the [Sports Hall Athletics Association](#).

**SHA 1.1** Should any rules listed below contradict those outlined by the Sports Hall Athletics Association, these rules will supersede those.

**SHA 1.2** It will be at the sole discretion of LYG staff and the Competition Director as to the application of these rules, and any subsequent decision made as a result will be final.

**SHA 1.2.1** Should a teacher/team manager wish to appeal a result, this appeal must be lodged on the day of the event to a member of LYG staff or the Competition Director, and as soon as practically possible following knowledge of the result.

**SHA 1.2.2** Any decision related to the appeal will be at the sole discretion of the Competition Director and LYG. No appeals will be accepted once the event has concluded, and no results of local/inter-school competition will be accepted.

**SHA 1.3** The Competition Director and LYG staff reserve the right to suspend/cancel the event where required by unsafe condition.

### SHA 2 Age Category

**SHA 2.1** The following age groups and respective minimum/maximum date of births will apply to the London Youth Games Sports Hall Athletics Year 7 Competition.

Age Category	Oldest DOB	Youngest DOB	Likely School Year
11 – 12 year olds	01/09/2012	31/08/2013	Year 7

**SHA 2.1.2** Competitors are not permitted to enter this competition if they are ineligible. No exceptions will be made.

**SHA 2.2** It is the responsibility of competitors/parents/teachers/SGOs to ensure all competitors details are entered correctly at the time of submission, and that they are eligible to compete for their school.

**SHA 2.2.1** In the instance a competitor is found to be ineligible, the school will be disqualified from the competition entirely.

### SHA 3 Eligibility

#### SHA 3.1 Competition Tier: Compete

**SHA 3.1.1** Competition Intent: Competitive environment where winning is the measure of success and level of challenge is high, to further the development of young athletes. Local qualifiers are encouraged, with the winning school progressing to the London final.



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**SHA 4 Squad Size** Boroughs are permitted to bring a minimum of 5 competitors and a maximum of 8 competitors per gender.

**SHA 5 Competition Format** Qualifiers and finals.

**SHA 5.1 8-9 Teams** at each qualifier. Top 3 teams from each qualifier progresses to the finals on Tuesday 18<sup>th</sup> March at Redbridge Sports Centre.

**SHA 5.2** No seeding in qualifier or finals.

**SHA 6 Competition Rules**

**SHA 6.1** No athlete is permitted in more than 3 track and 3 field events.

**SHA 6.2** Track events include:

- 2 lap individual (2 athletes per gender)
- 4 lap individual (2 athletes per gender)
- 6 lap individual (1 athlete per gender)
- 8 lap Paarlauf (2 athletes per gender)
- Obstacle relay (4 athletes per gender)
- 4 x 2 lap relay (4 athletes per gender)

**SHA 6.3** Athletes are not allowed to forward roll in over/under or obstacle relay races. Batons/bean bags should be exchanged. Refer to Sports Hall guidance available here: <https://www.sportshall.org/>.

**SHA 6.4** Field events include (each requires 2 athletes per gender):

- Standing long jump
- Standing triple jump
- Vertical jump
- Shot putt
- Speed bounce

**SHA 7 Overall Scoring** Boroughs are awarded points per event and teams are placed in order of total points per gender. Points accumulated at qualifiers are not carried through to finals.

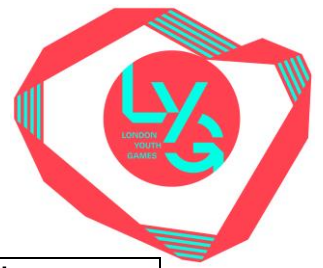
**SHA 8 Medals and Salvagers** Boroughs are awarded team medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed teams per gender and a salver awarded to the winners of the competition at the **FINALS ONLY**.

**SHA 9 Borough Allocation**

Qualifier 1- Redbridge Sports Centre	Qualifier 2- Harrow Leisure Centre	Qualifier 3- Osterley Sports Centre	Qualifier 4 – Westcroft Leisure Centre
Barking & Dagenham, Enfield, Hackney, Haringey, Havering,	Barnet, Brent, Camden, City of London, Harrow,	Ealing, Hammersmith & Fulham, Hounslow, Kensington & Chelsea, Lambeth,	Bexley, Bromley, Croydon, Greenwich, Kingston,

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Newham, Redbridge, Tower Hamlets, Waltham Forest.	Hillingdon, Islington Westminster.	Richmond, Wandsworth.	Lewisham, Merton, Sutton.
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