LYG25 Pentathlon
Entry Information & Guidance

Event Overview

Date: Wednesday 11th June 2025

Venue: Gunnersbury Sports Centre, W3 8LQ

Contact: info@londonyouthgames.org

Approx. Timings: Registration: 9:00, **Event Timings:** 9:15-15:45

Entry Information

Team Entry Deadline: Wednesday 4th June

Group Size: Minimum - 7 & Maximum - 15

Festival: Mixed Gender

Age Categories

Age Category	Oldest DOB	Youngest DOB	Likely School Year
11-14 years	1/9/2010	31/8/2013	Year 7,8 & 9

Eligibility Criteria

Event Tier: Develop

Event Intent: Developmental event which will focus on extending children and young people's knowledge & understanding of a particular sport using station based or non-scoring games formats. The measure of success is determined by demonstrating sporting values or through the accrual of team best scores. Local qualifying festivals may be used as a selection process to these events but is not mandatory.

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Full Guidance

RAC 1 The London Youth Games School Games Pentathlon Festival will be run in partnership with **UK Pentathlon.** School guidance can be found here.

RAC 2 Age Category

> **RAC 2.1** The following age groups and respective minimum/maximum date of births will apply to the London Youth Games School Games Pentathlon Festival:

Age Category	Oldest DOB	Youngest DOB	Likely School Year
11-14 years	1/9/2010	31/8/2013	Year 7,8 & 9

> **RAC 2.1** Should a school wish to bring a participant who falls beyond this age range, approval should be sought from LYG by emailing emma@londonyouthgames.org.

> **RAC 2.2** It is the responsibility of teachers & SGOs to ensure all participants details are entered correctly at the time of submission, and that they are eligible to take part.

RAC 3 Eligibility Criteria

> **RAC 3.1 Competition Tier:** Develop

> > **RAC 3.1.1 Competition Intent:** Developmental event which will focus on extending children and young people's knowledge & understanding of a particular sport using station based or non-scoring games formats. The measure of success is determined by demonstrating sporting values or through the accrual of team best scores. Local qualifying festivals may be used as a selection process to these events but is not mandatory.

RAC 4 Squad Size Schools are permitted to bring a minimum of 7 and a maximum of 15 participants.

> **RAC 4.1** Groups should be made up of 50/50 split between boys and girls.

RAC 5 Kit & Equipment All equipment is provided by the festival providers.

RCT 6 Format

> **RAC 6.1 Station Based Activities**

> Laser Run

- Fencing
- Obstacle Course Relay
- Cardio

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- Games

RAC 6.1.1 Schools will be assigned a group number/time slot, as below:

	0915 - 1000	1000 - 1045	1045 - 1130	1130 - 1215	1215 - 1245	1245 - 1330	1330 - 1415	1415 - 1500	1500 - 1545	START TIME	FINISH TIME
Group 1	Fence	Laser Run	Games	OCR	Lunch	Cardio				0915	1330
Group 2		Fence	Laser Run	Games	Lunch	OCR	Cardio			1000	1415
Group 3			Fence	Laser Run	Lunch	Games	OCR	Cardio		1045	1500
Group 4				Fence	Lunch	Laser Run	Games	OCR	Cardio	1130	1545
Group 5	Cardio				Lunch	Fence	Laser Run	Games	OCR	0915	1545
Group 6	OCR	Cardio			Lunch		Fence	Laser Run	Games	0915	1545
Group 7	Games	OCR	Cardio		Lunch			Fence	Laser Run	0915	1545
Group 8	Fence 2	Laser Run	Games	OCR	Lunch	Cardio				0915	1330
Group 9		Fence 2	Laser Run	Games	Lunch	OCR	Cardio			1000	1415
Group 10			Fence 2	Laser Run	Lunch	Games	OCR	Cardio		1045	1500
Group 11				Fence 2	Lunch	Laser Run	Games	OCR	Cardio	1130	1545
Group 12	Cardio				Lunch	Fence 2	Laser Run	Games	OCR	0915	1545
Group 13	OCR	Cardio			Lunch		Fence 2	Laser Run	Games	0915	1545
Group 14	Games	OCR	Cardio		Lunch			Fence 2	Laser Run	0915	1545
Group 15	Laser Run	Games	OCR	Cardio	Lunch				Fence 2	0915	1545

RAC 7 Scoring The festival is non-scoring. Schools are encouraged to record individual participants scores, to highlight their improvement throughout the day and keep track of their progress.

RAC 7.1 A salvar will be awarded for the team showcasing the best School Games Values, during the day.