



# LYG ParaGames Athletics 2024

## Entry Information & Rules

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### Event Overview

Date: Wednesday 12<sup>th</sup> June 2024 10.30am-2.30pm

Venue: Mile End Stadium, E3 4HL

Contact: [emma@londonyouthgames.org](mailto:emma@londonyouthgames.org)

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### Entry Information

Squad Entry Deadline: Thursday 30<sup>th</sup> May 2024.

Squad Nomination Size: Minimum – 1 & Maximum – 50 per gender.

Squad on the Day: Minimum – 1 & Maximum – 48 per gender.

Competitions: Boys & Girls (compete separately).

#### Age Categories:

Impairment Category	Age Category	Oldest DOB	Youngest DOB
G1,2 & 3	11-18 (School Years 7-13)	01/09/2005	31/08/13
G4,5	11-16 years (School Years 7-11)	01/09/2007	31/08/13

**Eligibility Criteria:** All young people in the following impairment groups are eligible to participate.

Please click here for full information [here](#).

#### Summary of the Groupings is below:

GROUP	IMPAIRMENT	ENGLAND ATHLETICS CLASSIFICATION
G1A.	Wheelchair user-power chair	31
G1B.	Wheelchair user-manual. Can propel their chair with difficulty.	32-34 or 51-53
G1C.	Wheelchair user-manual. Can propel their chair with ease.	32-34 or 51-54
G2A.	Ambulant-can run with difficulty	35-38 or 42-46
G2B.	Ambulant-can run with minimal difficulty	35-38 or 42-46
G3A.	Sensory-Hearing Impairment	
G3B.	Sensory-Visual Impairment	11-13 & British Blind Sport: B1,2,3
G4.	Severe Learning Disability	20



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<b>G5.</b>	<b>Mild Learning Disability</b>	<b>20</b>
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**Substitutions:** Each borough is permitted to TWO substitutions per gender, in any event already entered. These substitutes must be declared on the day at registration.

### Events per Impairment Group:

IMPAIRMENT GROUP	TRACK EVENTS	FIELD EVENTS
<b>G1A. Wheelchair user</b>	Power Chair Dash	Distance Club Height beanbag
<b>G1B. Wheelchair user</b>	100m 200m 4 x 100m relay	Distance Club Height beanbag
<b>G1C. Wheelchair user</b>	100m 200m 400m 4 x 100m relay	Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G2A. Ambulant</b>	100m 200m 4 x 100m relay	Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G2B. Ambulant</b>	100m 200m 400m 4 x 100m relay	Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G3A. Sensory-HI</b>	100m 200m 400m 4 x 100m relay	Long jump Javelin Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G3B. Sensory-VI</b>	100m 200m 400m 4 x 100m relay	Long jump Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G4. Severe Learning Disability</b>	100m 200m 400m 4 x 100m relay	Standing Long jump Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G5. Mild Learning Disability</b>	100m 200m 400m 4 x 100m relay	Long jump Javelin Shot (Girls - 3.25kg; Boys – 4.00kg)

## Full Rules & Regulations

PGAT 1 The London Youth Games ParaGames Athletics will be run in accordance with [UK Athletics rules](#).



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**PGAT 1.1** Should any rules listed below contradict those outlined by UK Athletics, these rules will supersede those.

**PGAT 1.2** It will be at the sole discretion of the Competition Director as to the application of these rules, and any subsequent decision made as a result will be final.

### PGAT 2 Age Category and Eligibility

**PGAT 2.1** The following age groups and respective maximum and minimum date of births will apply to the London Youth Games ParaGames Athletics Competition;

Impairment Category	Age Category	Oldest DOB	Youngest DOB
G1,2 & 3	11-18 (School Years 7-13)	01/09/2005	31/08/13
G4,5	11-16 years (School Years 7-11)	01/09/2007	31/08/13

**PGAT 2.2** Athletes must compete in the correct below impairment category, as per link below: [PG Athletics Impairment Groupings Guide 2024.pdf \(sharepoint.com\)](#)

Summary of Groups as below:

GROUP	IMPAIRMENT	EA Classification
G1A.	Wheelchair user-power chair	31
G1B.	Wheelchair user-manual. Can propel their chair with difficulty.	32-34 or 51-53
G1C.	Wheelchair user-manual. Can propel their chair with ease.	32-34 or 51-54
G2A.	Ambulant-can run with difficulty	35-38 or 42-46
G2B.	Ambulant-can run with minimal difficulty	35-38 or 42-46
G3A.	Sensory-Hearing Impairment	
G3B.	Sensory-Visual Impairment	11-13 & British Blind Sport: B1,2,3
G4.	Severe Learning Disability	20
G5.	Mild Learning Disability	20

**PGAT 2.3** It is the responsibility of competitors/parents/team managers/local authority staff to ensure all competitors details are entered correctly at the time of submission, and that they are eligible to



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compete for their borough under the [London Youth Games Games Rules](#), and in accordance with the age groups outlined for the competition.

**PGAT 2.3.1** In the instance a competitor is found to be ineligible, they will be disqualified from the competition entirely, and the borough will receive a points penalty as per the Games Rules.

**PGAT 3 Squad Size** Boroughs are permitted to enter a minimum of 1 competitor and a maximum of 40 competitors per gender.

**PGAT 3.1** Boroughs are permitted to bring **48 competitors per gender** from their squad on the day of the event.

**PGAT 3.2** Boroughs must select one competitor per event, per category on the day e.g. only one individual can compete in 100m.

**PGAT 4 Kit & Equipment** All equipment will be provided.

**PGAT 5 Competition Format** Track and field events

**PGAT 5.1** Field events – best performance.

**PGAT 5.2** Track events – heat declared winner (athlete recording the fastest time across all heats). No finals.

**PGAT 5.3** Events may be combined numbers are low. Medals and points will be separate.

**PGAT 6 Competition Rules**

**PGAT 6.1** Each athlete can compete in a **maximum of 2 individual events and one non-scoring relay event**.

**PGAT 6.2** Events for the competition are as follows:

**PGAT 6.3** Relays will be non-scoring however, medals will be awarded.

**PGAT 6.4.1** Relays will be mixed impairment groups:

1. Girls	G4 & G5
2. Boys	G4 & G5
3. Mixed Gender & mixed impairment groups	G1-3 Teams to consist of 2 girls and 2 boys. You must have a minimum of 1 athlete with a physical impairment.

**PGAT 6.4.2** Athletes with more than one impairment must compete in the relay as per the category competed in during the competition.

**PGAT 6.3** Track events take priority over field events.



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**PGAT 6.4** Participants must compete independently. It is recognised that some athletes may need assistance in getting to the event, picking up equipment etc.

### PGAT 7 Early and late arrivals

**PGAT 7.1** If arriving late please call LYG.

**PGAT 7.1.1** Track events: if a race has been run, or is lined up on the track, a borough arriving late cannot be involved in this event.

**PGAT 7.1.2** Field events: any athletes running late will enter the event at the current round.

**PGAT 7.2** If leaving early please inform LYG, no points will be awarded for missed events.

### PGAT 8 Overall Scoring Positions determined by total points scored over the best 10 events.

**PGAT 8.1** Points awarded for each event as follows: 1<sup>st</sup> = 10pts, 2<sup>nd</sup> = 8 pts, 3<sup>rd</sup> = 7 pts, 4<sup>th</sup> = 6 pts, 5<sup>th</sup> = 5 pts, 6<sup>th</sup> = 4 pts, 7<sup>th</sup> = 3 pts, 8<sup>th</sup> = 2 pts, all entries = 1 pt.

**PGAT 8.1.1** Maximum 2 events per impairment group are added together for the overall score

**PGAT 8.3** In the event of equal points scored positions will be decided by the number of higher placings achieved.

**PGAT 8.4 Incomplete competition:** if the competition is cancelled or suspended, the following steps will be used to calculate a final result:

- Results from all completed events are combined and used to identify the overall result.
- Minimum requirements: to determine a completed event all heats must be completed. If there are fewer completed events than the required best 10, then all events should be counted (maximum 2 events per impairment group).

### PGAT 9 Medals & Trophies Medals and trophies will be awarded as follows:

**PGAT 9.1** Overall Borough team medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed teams per gender.

**PGAT 9.2** Medals awarded for individual track and field events per impairment group and relays.

**PGAT 9.3** Borough trophy is awarded for the overall winner, per gender.