

London Youth Games Open Swimming Para Category Guide 2024



GROUP	IMPAIRMENT SUMMARY	DESCRIPTOR	Para Swimming Classification?
G2A.	<ul style="list-style-type: none"> i) Hypertonia ii) Ataxia iii) Athetosis 	<ul style="list-style-type: none"> i) High muscle tone. ii) Control of voluntary movement. iii) Involuntary contractions of muscles. 	S1,S2,S3
G2B.	<ul style="list-style-type: none"> i) Limb deficiency ii) impaired passive range of movement iii) Impaired muscle power 	<ul style="list-style-type: none"> i) Total or partial absence of the bones or joints of the shoulder region, upper extremities, pelvic region or lower extremities. ii) Impaired joint mobility, not including, hypermobility of joints. iii) Muscle power arising from permanent primary muscle disease or nerve supply to muscles. 	S4,5
G2C.	<ul style="list-style-type: none"> i) Leg length difference ii) Short stature 	<ul style="list-style-type: none"> i) Aberrant dimensions of bones of right lower limb OR left lower limb but not both. Inclusions: shortening of bones of one lower limb Exclusions: shortening of bones of both lower limbs; any increase in dimensions. ii) Aberrant dimensions of bones of upper and lower limbs or trunk which will reduce standing height 	S6,S7
G3B.	Sensory-Visual Impairment	Impairment of the eye structure; Impairment of the optical nerve/optic pathways; Impairment of the visual cortex.	S11, S12,S13.
G4/G5.	Learning Disability	IQ of 75 or below Limitations in adaptive behaviour, Age of onset before the age of 18 years	S14

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Non-Eligible Impairments:

The following Impairments are not eligible to be classified for British Para-Swimming:

- ❑ Hearing impairments
- ❑ Pain
- ❑ Joint stability such as unstable shoulder joint, dislocation of a joint;
- ❑ Muscle endurance impairments
- ❑ Motor reflex impairments
- ❑ Involuntary movement reaction impairments
- ❑ Tics/involuntary movements, mannerisms etc.
- ❑ Cardiovascular impairments
- ❑ Respiratory impairments
- ❑ Impaired muscle power resulting from disuse (e.g. pain, conversion disorder);
- ❑ Hypotonia (e.g. associated with Down syndrome, Ehlers-Danlos syndrome);
- ❑ (Developmental) Dyspraxia /Developmental Coordination Disorder.
- ❑ Autism Spectrum Disorder
- ❑ Attention Deficit hyperactivity disorder (ADHD)
- ❑ Scoliosis
- ❑ Organ Transplants

Document based on the [British Swimming Para Classification](#).