

# LYG Road Cycling 2024

## Competition Day Information



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### Event Overview:

**Date:** Saturday 29th June 2024.

**Venue:** Lee Valley VeloPark, Abercrombie Road, London, E20 3AB.

**Contact:** [mide@londonyouthgames.org](mailto:mide@londonyouthgames.org) | 07508736247

### Boroughs competing: 23

- Bexley
- Bromley
- Camden
- Ealing
- Enfield
- Greenwich
- Hackney
- Haringey
- Harrow
- Havering
- Hillingdon
- Islington
- Kingston upon Thames
- Lambeth
- Lewisham
- Merton
- Newham
- Redbridge
- Richmond upon Thames
- Southwark
- Sutton
- Waltham Forest
- Wandsworth

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### Event Timings:

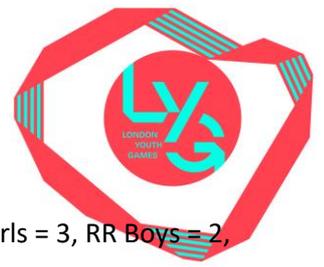
- Registration: 8:45 am
- Team Manager Briefing: 9:30 am
- First Race: 10:00 am
- Time Trial Medals: 2:00 pm
- Approximate Finish Time: 3:30 pm
- Road Race/Overall Medals: 4:00 pm
- Connie Hayes Meet & Greet: 4:30 pm

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### Reminders:

**Full rules** can be found on the LYG Website here: [LYG24 Road Cycling Info Rules.doc](#)

- **Entry Info:**



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- **Squad Size:** 16 total – made up of AB Boys = 3, AB Girls = 3, CDE Boys = 3, CDE Girls = 3, RR Boys = 2, RR Girls = 2.
- **Substitutions:** Each borough is permitted two substitutions, so long as the maximum squad size on the day is not exceeded. Any additions or late entries after the entry deadline has passed will not be accepted, and substitutions must be in the same event/age category and gender category as the original entry. All substitution details, including membership details (if applicable) must be provided at registration on the day of the event.
- **Kit & Equipment:**
  - All competitors must wear protective head gear whilst on the course.
  - No bikes provided. Riders must use their own bikes.
  - Specialised time-trial bikes are not allowed.
  - Cameras must not be worn by riders, nor can they be attached to any equipment.
  - Any bikes that do not comply with the British Cycling regulations will be subject to approval or rejection by the commissaire on the day.
  - The bike must have efficient brakes and be in a roadworthy condition.

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## Results:

- Live results will be available via a QR code.
- Post event - results will be available to download on the competition webpage within 2 to 3 working days after the competition ending. See the games rules rule 23.1 for further information on disputes.
- Queries on individual results can be raised in writing up to 24 hours after results have been published.
- In the event of a competition appeal, the use of external video footage and/or photographs will not be accepted in any circumstances.

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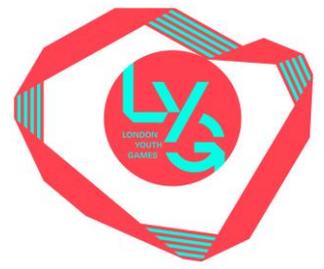
## Respect the Games:

- Anyone involved in the games must be made aware of the LYG Code of Conduct and agree to abide by the principles. A breach in the code may jeopardise involvement in the games.
- All teams will be asked to take part in the respect the games campaign by nominating a team showing LYG values.

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## Social Media:

- Follow us on social: [Twitter](#) | [Instagram](#) | [Facebook](#)
- When posting make sure you use our hashtag #thisislyg and tag us in your posts.
- If any competitors/teams do not consent to photos being taken, please inform registration.
- Taking photos? register your camera (including phones and tablets) at registration.



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### Venue Guide:

Address: Lee Valley VeloPark, Abercrombie Road, Queen Elizabeth Olympic Park London E20 3AB

Website: <https://www.better.org.uk/leisure-centre/lee-valley/velopark>

Tubes and Trains: Closest station is Stratford, followed by an approx. 19 min walk.

Buses: 108, 388.

Team Parking: Each borough is allowed one team parking space. **Car registrations must be sent in advance of the event** by the end of Thursday 27<sup>th</sup> June. We will not be able to except parking registrations on the day of the event. Please send car registrations to [mide@londonyouthgames.org](mailto:mide@londonyouthgames.org)

Spectator Parking: No spectator parking available. Must use alternative parking at Stratford International or Westfield.

Accessibility: Accessible toilets, parking and changing.

Refreshments: There is a café available upstairs in the velodrome.

