



# LYG PG Athletics 2024

## Competition Day Information

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### Event Overview:

Date: Wednesday 12<sup>th</sup> June 2024.

Venue: Mile End Stadium.

Contact: [emma@londonyouthgames.org](mailto:emma@londonyouthgames.org) | 07794 485195

Boroughs competing: 16

Borough
Bromley
Camden
Croydon
Ealing
Enfield
Greenwich
H & F
Hackney
Haringey
Havering
Islington
Lambeth
Lewisham
Newham
Tower Hamlets
Wandsworth

A girls and a boys trophy will be awarded for the overall team winners. Individual medal winners will be given out during the day.

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### Event Timings:

- Registration: 9:30-10:15
- Team Manager Briefing: 10:20
- Start Time: 10:30 Field & 10:45 Track
- Approximate Finish Time: 14:30

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### Reminders:

- Full rules can be found on the LYG Website [here](#).
- Entry Info:
  - Squad Size: Minimum 1 & Maximum 48 per gender.



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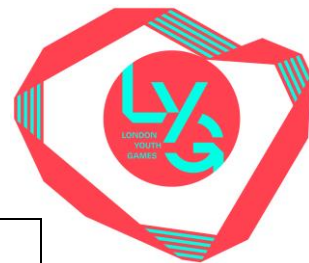
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- **Events:** Boroughs can enter 1 athlete per impairment group, per gender for each individual races. If you have put down more than 1 athlete per race, please clarify at Registration, which athlete is doing the event.
- Athletes can enter **2 individual events and 1 relay.**
- **Bib Numbers:** These will be given out at Registration. Please add the impairment category to your bibs for each athlete, re G5 MLD.
- Relays: Noon-scoring.

1. Girls	G4 & G5
2. Boys	G4 & G5
3. Mixed Gender & mixed impairment groups	G1-3 Teams to consist of 2 girls and 2 boys. You must have a minimum of 1 athlete with a physical impairment.

- **Events per Impairment Group:**

IMPAIRMENT GROUP	TRACK EVENTS	FIELD EVENTS
<b>G1A. Wheelchair user</b>	Power Chair Dash	Distance Club Height beanbag
<b>G1B. Wheelchair user</b>	100m 200m 4 x 100m relay	Distance Club Height beanbag
<b>G1C. Wheelchair user</b>	100m 200m 400m 4 x 100m relay	Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G2A. Ambulant</b>	100m 200m 4 x 100m relay	Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G2B. Ambulant</b>	100m 200m 400m 4 x 100m relay	Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G3A. Sensory-HI</b>	100m 200m 400m 4 x 100m relay	Long jump Javelin Shot (Girls - 3.25kg; Boys – 4.00kg)



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<b>G3B. Sensory-VI</b>	100m 200m 400m 4 x 100m relay	Long jump Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G4. Severe Learning Disability</b>	100m 200m 400m 4 x 100m relay	Standing Long jump Vortex Howler Shot (Girls - 3.25kg; Boys – 4.00kg)
<b>G5. Mild Learning Disability</b>	100m 200m 400m 4 x 100m relay	Long jump Javelin Shot (Girls - 3.25kg; Boys – 4.00kg)

- A final timetable for the day will be shared by Monday 10<sup>th</sup> June next week and will be available to view via a QR code on the day.

## Results:

- Post event - results will be available to download on the competition webpage within 48 hours of the competition ending. see the [games rules](#) rule 23.1 for further information on disputes.
- Queries on individual results can be raised in writing up to 24 hours after results have been published.
- **In the event of a competition appeal, the use of external video footage and/or photographs will not be accepted in any circumstances.**

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## Respect the Games:

- Anyone involved in the games must be made aware of the LYG Code of Conduct and agree to abide by the principles. A breach in the code may jeopardise involvement in the games.
- At all field events, a demonstration will be given. Please encourage all athletes on the day.

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## Social Media:

- Follow us on social: [Twitter](#) | [Instagram](#) | [Facebook](#)
- When posting make sure you use our hashtag #thisislyg and tag us in your posts.
- If any competitors/teams do not consent to photos being taken, please inform registration.
- Taking photos? register your camera (including phones and tablets) at registration.

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## Venue Guide:

**Venue:** Mile End Stadium

**Address:** 190 Burdett Rd, London, E3 4HL

**Phone:** 020 8709 4420

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## Competition Day Information



**Website:** <https://be-well.org.uk/centres/mile-end-leisure-centre-and-stadium/>

## ABOUT THE VENUE

**Catering:** No café available at the stadium. Please bring any refreshments you need with you.

**Toilets:** Available.

**Changing Rooms:** We strongly recommend participants coming dressed ready for the event. However, there is changing required if necessary.

**Accessibility:** Accessible toilet and 3 parking bays. No hoist available.

## TRANSPORT INFORMATION

### Public Transport

**Tubes and Trains:** Mile End (Central and District lines) followed by a 10 min (approx.) walk.

**Buses:** 277, D6 or D7 followed by a 2 min (approx.) walk.

### Parking

Paid for parking available. £1.50 for two hours and then an additional £1.50 for every hour after. Please follow parking signs when parking to ensure no changes have been made since this document was published.



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