

# LYG Sports Hall Athletics Year 5-6 2025

## Entry Information & Rules



---

### Event Overview

#### Dates & Venues:

Qualifier 1	Tuesday 4 <sup>th</sup> February 2025	Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.
Qualifier 2	Wednesday 5 <sup>th</sup> February 2025	Harrow Leisure Centre, Christchurch Avenue, Harrow, HA3 5BD.
Qualifier 3	Thursday 6 <sup>th</sup> February 2025	Osterley Sports Centre, 120 Wood Ln, Isleworth TW7 5FF
Qualifier 4	Friday 7 <sup>th</sup> February 2025	Westcroft Leisure Centre, Westcroft Road, Carshalton, SM5 2TG.
FINALS	Wednesday 19 <sup>th</sup> March 2025	Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.

Contact: [info@londonyouthgames.org](mailto:info@londonyouthgames.org)

---

### Entry Information

Squad Entry Deadline: Wednesday 22nd January 2025

Squad on the Day: Minimum – 18 (9B+9G) & Maximum – 30 (15B+15G).

Competition: Mixed Gender Competition

Approx Timings: Registration-13:00 & event-13:30-16:30.

---

### Eligibility Criteria

#### Age Categories:

Age Category	Oldest DOB	Youngest DOB	Likely School Year
9 – 11 year olds	01/09/ 2013	31/08/2015	Year 5 - 6

#### Event Tier: Compete

**Competition Intent:** Competitive environment where winning is the measure of success and level of challenge is high, to further the development of young athletes. Local qualifiers are encouraged, with the winning school progressing to the London final.

# LYG Sports Hall Athletics Year 5-6 2025

## Entry Information & Rules



---

### Full Rules & Regulations

**SHA 1** The competition will be run in accordance with the rules laid down by the [Sports Hall Athletics Association](#).

**SHA 1.1** Should any rules listed below contradict those outlined by the Sports Hall Athletics Association, these rules will supersede those.

**SHA 1.2** It will be at the discretion of the Event Referee and LYG staff as to the application of these rules, and any subsequent decision made as a result will be final.

**SHA 1.2.1** Should a teacher/team manager wish to appeal a result, this appeal must be lodged on the day of the event to a member of LYG staff or the Competition Director, and as soon as practically possible following knowledge of the result.

**SHA 1.2.2** Any decision related to the appeal will be at the discretion of the Competition Director and/or LYG. No appeals will be accepted once the event has concluded, and no results of local/inter-school competition will be accepted.

**SHA 1.3** The Competition Director and LYG staff reserves the right to suspend/cancel the event where required due to unsafe conditions

### SHA 2 Age Category

**SHA 2.1** The following age groups and respective minimum/maximum date of births will apply to the London Youth Games Sports Hall Athletics Year 5-6 Competition.

Age Category	Oldest DOB	Youngest DOB	Likely School Year
9 – 11 year olds	01/09/2013	31/08/2015	Year 5 - 6

**SHA 2.1.** Competitors are not permitted to enter this competition if they are ineligible. No exceptions will be made.

**SHA 2.2** It is the responsibility of competitors/parents/teachers/SGOs to ensure all competitors details are entered correctly at the time of submission, and that they are eligible to compete for their school.

**SHA 2.2.1** In the instance a competitor is found to be ineligible, the school will be disqualified from the competition entirely.

### SHA 3 Eligibility

#### SHA 3.1 Competition Tier: Compete

Competition Intent: Competitive environment where winning is the measure of success and level of challenge is high, to further the development of young athletes. Local qualifiers are encouraged, with



# LYG Sports Hall Athletics Year 5-6 2025

## Entry Information & Rules

the winning school progressing to the London final.

**SHA4 Squad Size** Boroughs are permitted to bring a minimum of 18 competitors (9 per gender) and a maximum of 30 competitors (15 per gender).

**SHA 5 Competition Format** Qualifiers and finals.

**SHA 5.1** 8-9 Teams at each qualifier. **The top 3 teams from each qualifier progresses to the finals, taking place on Wednesday 19<sup>th</sup> March at Redbridge Sports Centre.**

**SHA 5.2** No seeding in qualifier or finals.

### SHA 6 Competition Rules

**SHA 6.1** No athlete is permitted in more than 2 track and 2 field events.

**SHA 6.2** Track and field events include:

Track Events	Field Events (3 boys + 3 girls per event)
1+1 lap relay (2 boys + 2 girls)	Standing long jump
2+2 lap relay (2 boys + 2 girls)	Standing triple jump
6 lap Paarlauf (2 boys + 2 girls)	Vertical jump
4x1 lap relay (4 boys + 4 girls)	Chest push
Over/under relay (4 boys + 4 girls)	Foam javelin
Obstacle relay (4 boys + 4 girls)	Speed bounce

**SHA 6.3** Athletes are not allowed to forward roll in over/under or obstacle relay races. Batons/bean bags should be exchanged. Refer to Sports Hall guidance available here: <https://www.sportshall.org/>.

**SHA 7 Overall Scoring** Boroughs are awarded points per event at both qualifiers and finals, and teams are placed in order of total points. Points accumulated at qualifiers are not carried through to finals.

**SHA 8 Medals and Salvers** Boroughs are awarded team medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed teams and a salver awarded to the winners of the competition at the **FINALS ONLY**.

### SHA 9 Borough Allocation

# LYG Sports Hall Athletics Year 5-6 2025

## Entry Information & Rules



Qualifier 1- Redbridge Sports Centre	Qualifier 2- Harrow Leisure Centre	Qualifier 3- Osterley Sports Centre	Qualifier 4 - Westcroft Leisure Centre
Barking & Dagenham, Enfield, Hackney, Haringey, Havering, Newham, Redbridge, Tower Hamlets, Waltham Forest.	Barnet, Brent, Camden, City of London, Harrow, Hillingdon, Islington Westminster.	Ealing, Hammersmith & Fulham, Hounslow, Kensington & Chelsea, Lambeth, Richmond, Wandsworth.	Bexley, Bromley, Croydon, Greenwich, Kingston, Lewisham, Merton, Sutton.